

Delivering Tasmania's state of the art health facility

Welcome to the RHH Redevelopment project!

The RHH Redevelopment is delivering a state-of-theart health facility for generations of Tasmanians to come.

RHH Redevelopment News provides information and updates on the project.

You can also find information about the project by visiting the website:

www.rhhredevelopment.tas.gov.au

Or email the project at:

 $\underline{redevelopment.rhh@dhhs.tas.gov.au}$

In this issue...

In the November 2016 edition you'll find:

General medicine moves to J-Block

New look mental health

B-Block care celebrated

Ambulatory care moves

New short stay surgery opens

Swimming for mental health

Meet the team.



General Medicine Moves to J-Block



General Medicine Nurse Unit Manager (NUM), Rachel Boughton, and Assistant Director of Nursing (ADON) Medical Services, Katrina Hodge on 2 J.

The Royal Hobart Hospital's (RHH) new, two-storey, modern health facility opened to patients on Tuesday, 22 November 2016.

Under the RHH Redevelopment's decanting strategy, the general medicine unit was the first ward to relocate to the area of the hospital known as J-Block.

The 22-bed general medicine ward is on level 2 of J-Block which is the area in the RHH's Liverpool Street forecourt.

Five additional beds were previously opened on 6A to complement the general medicine ward in J-Block.



View of lifting hoist in new bariatric capacity room including bathroom fittings.



View of a two-bed room including outlets for medical gases.

"I love it," NUM Rachel Boughton said.

"We're very excited that it's finished. It's been purpose built for general medicine, respiratory and infectious diseases, and we're really pleased with it. It's definitely better than where we were (IB North)," she said.

General medicine has one and two-bed rooms for greater patient privacy, each with ensuites; bariatric rooms including one room that can accommodate patients of up to 500 kilograms; and a negative-pressure room for infectious diseases.



Medication room

"The new ward will provide an improved patient journey with better space for patients because it's a larger space than we have at the moment," ADON Katrina Hodge said.

"It will be a much more consumer-focused service," she said.

New Look Mental Health



Patient room with television and storage area and view of door to ensuite.

Mental health inpatients relocated to the new inpatient facility in J-Block on Tuesday, 29 November 2016.

Treatment will now be provided in a step up/step down approach to better meet patient needs. The open ward is located on level 2. Level 3 is a secure floor for the patients with the highest acuity.

The units were designed by a mental health user group including carer and consumer representatives and the project's architects.

As the wards were fitted out, regular site visits were held with mental health clinicians to ensure the design remained fit for purpose.



Julia Fassina, Flourish Tasmania and Linda Carpenter, Wellways Australia, testing out the new, durable, molded lounge chairs being delivered.

Many mental health stakeholders and hospital staff have had the opportunity to visit the wards before patients were relocated.

"From viewing the new unit, it's pleasing to see that the Redevelopment team have taken into consideration many of the recommendations and advice that has been provided by mental health consumers and carers to ensure that the new facilities will provide better outcomes for those that utilise this space including their families, supports and loved ones," said Julia Fassina, Chief Executive Officer from consumer peak body, Flourish Tasmania, after a site tour.



Connie Diglois, Mental Health Council of Tasmania; Cheryl Carr, Deputy Project Director RHHR; and Tony Howe, Official Visitor, outside the nurses station on the closed unit on level 3.

"It appears that mental health patients will be, thankfully, staying in some of the best hospital facilities in Tasmania. Up with the 5 star hotels. Well done," said Tony Howe, Official Visitor.

There will be more privacy for patients because the old four-bed rooms are now a thing of the past with the wards configured predominantly as single-bed rooms.



Mental health designed bed in the open ward.

Contemporary treatment and support will be provided to patients with new spaces such as the sensory modulation and de-escalation rooms.



The sensory modulation room is a treatment area that has controlled lighting that changes colour to assist with the de-escalation of patients.

Modern, durable, anti-ligature furniture and fittings have been sourced from mental health experts nationwide and overseas.



Patient ensuite with anti-ligature fittings.

State-of-the-art information and communication technology will be a feature in the new wards including patient duress alarms, sensory modulation lighting and centralised television and lighting control.



Patient dining area with view to outdoor recreation area.

The design has ensured that all patients have access to outdoor space, a significant achievement in the constrained footprint of the Liverpool Street forecourt.



Reception outside of the secure wards on level 3.

The J-Block inpatient facility will be an opportunity to confirm design elements before the mental health wards in the new K-Block are completed.

B-Block Care Celebrated



MC, Cheryl Carr, Deputy Project Director RHH Redevelopment; Lisa Campbell-Smith, curator; Clinical Associate Professor Coral Paton, A/Group Director of Clinical Services, and artist, Patrick Hall.

Symbolic gestures are used to mark the decommissioning of hospital buildings around the world.

An exhibition of artwork displayed in B-Block, Celebrating the future – remembering the past, was opened by renowned Tasmanian artist, Patrick Hall on 24 October 2016.

Curated by Lisa Campbell-Smith, the exhibition was an opportunity to pause and reflect on the role B-Block has played as a place of work for staff over many decades and as an important health facility for the community.

Commissioned and gifted works, and works by patients from B-Block were on display.

Deputy Project Director, RHH Redevelopment, said that preparation works were already underway for the construction of a new ten-storey health facility known as K-Block.

"The ten-storey inpatient facility known as K-Block will be reason to celebrate," Cheryl said.

"This exhibition is a small acknowledgement of the role that B-Block has played in the lives of many people through treatment and care in wards such as oncology, medicine, surgery and mental health," Cheryl said.

Cheryl said that the RHH Redevelopment was pleased to be able to support the art exhibition taken from works on display in various wards of B-Block including those by Patrick Hall, patients of the Clozapine clinic, Rob Blakers and photography from the Beatties Studio.

"Artwork in hospitals plays an important role in softening the clinical space, helping make it more comfortable for patients and visitors," Cheryl said.

"This is an opportune time to thank members of the community who have donated works over the years, of which a modest selection will be on display."

Prints, drawings, mosaics and other works were also produced by patients of the Clozapine clinic art group, a selection of which were also on display.



The RHH curates its art collection and hangs art works in different wards and locations as appropriate.

Ambulatory Care Centre Moves

The RHH's spacious new ambulatory care centre opened during October 2016.

The centre has 14 treatment chairs and 10 beds, a patient waiting area, nurses' station and other clinical and office spaces.



View along the ambulatory care centre before beds were installed.

It is a contemporary clinical space, larger than the former centre providing more privacy for patients.

The ambulatory care centre is a nursing based, medical day care facility for patients undergoing medical procedures and minor surgical procedures.



New beds arrive at the ambulatory care centre.



View of the area with the new treatment chairs.

Treatments provided to patients include blood or iron infusions, pre and post-procedural care, intravenous infusions and antibiotics therapy for example.

The newly refurbished area will provide long term accommodation for the acute ambulatory care centre now located on level 2, C-Block.



View of the large treatment room.

The centre provides treatment for between 30 and 40 patients weekdays.

The ambulatory care centre was formerly located on 4B.

New Short Stay Surgery Opens



Patient reception area.

Short stay surgery is a new unit for patients whose conditions are less acute and less complex, a short stay is appropriate because they only require a short recovery time.

The unit started receiving patients during October 2016.

The short stay surgery unit provides more postoperative care options for patients and keeps inpatient beds for more acutely unwell patients and patients with more complex health needs.



Treatment area ready for recovery recliners and trolleys.

The modern unit provides eight recovery recliners and four trolley bays.

Depending on their needs, patients can be accommodated comfortably in the unit for up to 36 hours.

The short stay surgery unit will be part of the new interconnected surgery precinct on the RHH's fourth floor, that will be established when K-Block is constructed.

The construction of K-Block will also provide an additional seven operating and procedure rooms.



View from the waiting area into the treatment area.

The unit co-locates the high volume short stay unit from 5A and the day of surgery admissions/waiting bay on 4A.

This move also allowed orthopaedics and surgical specialties to vacate 2B and move into 5A.

Swimming for Mental Health

When he started fundraising in June 2016, Mr Rod Bennett, Early Works Manager for the John Holland Fairbrother Joint Venture (JHFJV), hoped to raise \$10 000.

Instead he exceeded his goal and raised more than \$17 000 for the RHH Redevelopment's new mental health inpatient wards.



Gaye Rutherford, Fairbrother; Rod Bennett, JHFJV; Maxine Griffith, Mental Health Carers Tasmania and Dr Len Lambeth, Head of Department, Adult Mental Health Services.

Mental Health Carers Tasmania has assisted by providing expert advice on how best to use the funds.

They surveyed consumers and carers about how to best put the funds to use for patients.

Consultation feedback has supported the purchase of computers and additional equipment for the sensory modulation room.

Congratulations to Rod for swimming almost 12 kilometres in four hours and to everyone who donated to this cause.

Meet the Team

Kieran McDonald is the ICT and systems redesign officer. Here are five things about Kieran:



Number I – Kieran has been with the RHH Redevelopment for three years and with the Tasmanian State Service in a range of management and clinical roles for 16 years.

Number 2 – He has recently been working on furniture, fittings and equipment requirements for K-Block, the clinical review of detailed room layout sheets and the procurement of the temporary hyperbaric chamber.

Number 3 – Kieran is a registered occupational therapist with extensive experience in mental health services in Victoria, NSW, Queensland and Tasmania.

Number 4 – He is also a fellow of the Australasian College of Health Service Managers. He has just completed his Masters of Public Health thesis in the implementation of anticipatory care approaches in Tasmania.

Number 5 – Like many Tasmanians, Kieran enjoys bushwalking. He also has four kids, three of who are all grown up and his youngest who is six years old.